

airing alcove, with iron grating open to the air, where the staff may dry anything they wish to launder themselves. This reminds us of the room provided for any washing and ironing it is wishful to do.

Indeed these beautiful corridors are a maze of modern conveniences. There is no end to them, for we still find something else—a telephone to the Superintendent Sister's Office.

Then we descended to the Hall, when we were asked would we like to see the boiler room! So away we went down to see something of the triumphant mysteries of engineering genius.

In the boiler room the porter in charge explained that oil is used for the central heating and hot water system. Four great tanks were pointed out, each of which contained 1,050 gallons of oil. The machinery, so fearfully intricate to the uninitiated, appeared immaculately clean and

ment, when a variety of delicious cakes were handed round by two pretty waitresses, dressed in brown and wearing dainty cream muslin aprons, cuffs and caps.

Miss Cochrane took this happy opportunity, while we sipped tea, to impart much interesting information, that the Nursing Staff at Charing Cross Hospital work 51½ hours a week, day nurses on duty from 8 a.m. to 8 p.m., 2 hours off daily, 4 hours on Sunday and one whole day off a week. Night nurses have two whole nights off every two weeks, and during every night when on duty are free for 1½ hours, to read, study or do needlework.

An arrangement which Miss Cochrane has in practice at Charing Cross Hospital is of great interest not only to the nurse but to the public. Patients in the wards are not wakened before 6.30 a.m., when they are served with a cup of morning tea and a piece of bread and butter, after which



THE NEW NURSES' HOME, HAVERSTOCK HILL, N.W.3.
Motor Coaches conveying the Nursing Staff to Charing Cross Hospital.

burnished. Leading from this department is a workshop for repairs of furniture and various items.

After our visit underground, so to speak, we emerged to see the garden. Here we were introduced to the beginnings of a rock garden where the foundation stone of the convent, rescued from its demolition, which once stood on this site and dated 1809, is to have its conspicuous place. The garden, a fine square piece of land surrounded by sycamore and plane trees, is suggestive of all the possibilities of making a good tennis court. Here, during the recent hot spell of summer, many afternoon teas were enjoyed with colleagues and friends.

After this most interesting tour the Class was conducted to the Nurses' sitting-room, where a delightful refreshing tea was prepared. Miss Nuttall, presiding, spoke of the joys of an excellent cook which it was their good fortune to have. This pleasant repast bore witness to the state-

they are washed and beds are made before the day nurses come on duty, when breakfast is served at 8 a.m.

All felt most grateful for the privilege of visiting this beautiful Home, and thanks to Miss Cochrane were expressed for her extreme kindness, not only in consenting to receive the Class, but for the infinite trouble she had taken to impart so much valuable instruction.

In her very courteous reply, Miss Cochrane alluded to the amount of work and anxiety entailed in organising the smooth working of the new Nurses' Home. An essential factor of its success was the help of Miss Nuttall.

So concluded a most instructive afternoon, when the members of the Administration Class were privileged to learn much in their tour of the Charing Cross Hospital New Nurses' Home, where the arts of simple, stately beauty of design and labour-saving methods go hand in hand.

A. S. B.

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